

# How to Conduct a Tailgate Talk

*A Tailgate Talk is a brief training session on a single safety topic, typically held around the tailgate of a truck or another convenient spot. It should last 10-15 minutes with a small group of workers.*

## KEY POINTS

- Choose one safety topic per session.
- Keep it short and concise.
- Hold sessions with 6-10 workers.
- Ensure the location is comfortable and safe.
- Allow time for questions and answers.
- Document the training.

## CHOOSE SAFETY TOPICS

- Focus on recent events or ask employees for suggestions.
- Use newsletters and local news for additional ideas.

## PLAN LOGISTICS

- Limit sessions to 6-10 workers.
- Hold sessions earlier in the week (avoid Monday mornings).
- Conduct sessions weekly, dedicating specific time for training.
- Keep sessions under 15 minutes.

## PREPARE AND CONDUCT THE SESSION

- Include visual aids and handouts.
- Familiarize yourself with the materials beforehand.
- Keep the presentation informal and avoid technical jargon.
- Involve workers in the discussion.
- Allow time for questions and have workers sign a training acknowledgment sheet.



## Contact Us

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# Louisiana's Tailgate Talk Series

## Blood and Bodily Fluid Safety



The Louisiana Local Technical Assistance Program (LTAP) Center serves training needs of local transportation agencies.

We are part of the Louisiana Transportation Research Center (LTRC), which is a cooperative effort between the Louisiana Department of Transportation and Development (DOTD), the Federal Highway Administration (FHWA), and Louisiana State University (LSU).

## Timely Safety Briefings

## Blood and Bodily Fluid Safety

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*Blood or other bodily fluids may contain bloodborne pathogens, which are infectious microorganisms in human blood that can cause diseases such as Hepatitis B, C, and HIV. Needlesticks and other sharps-related injuries may expose workers to bloodborne pathogens.*

***Washing exposed area thoroughly, reporting the incident to your supervisor and seeking medical attention are all required actions.***

### Always Assume Blood Is Infectious

All blood for transfusion is tested for evidence of certain infectious disease pathogens, but it's always safer to assume that any blood could be infected.

### Follow All Infection Control Protocols

In an emergency situation involving blood or potentially infectious materials, you should follow Universal Precautions (UP) and Standard Precautions (SP) recommended by Centers for Disease Control and Prevention (CDC).

### Wash Hands And Wear Your Ppe Always

Frequently wash your hands, and wear personal protective equipment (PPE) such as gloves, gowns, masks, eye protection (e.g., goggles), and face shields.

### Decontaminate

Apply disinfectants to surfaces and materials that have been used to handle, store or temporary place objects that may have come in contact with blood.



**Standard Precautions** include hand hygiene, use of PPE, cough etiquette, safe injection practices, sharps safety, sterilization and disinfection of patient-care items, and environmental infection control.

### Plan Of Action

- If you suspect any exposures to infections, immediately report it to your supervisor.
- According to the 29CFR 1910.1030 or OSHA's Bloodborne Pathogens Standard, employers should develop an exposure control plan to eliminate or minimize occupational exposure to potentially infectious body fluids.

## Resources

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### CDC Blood Safety

<https://www.cdc.gov/bloodsafety/index.html>

### OSHA Bloodborne Pathogens and Needle Stick Prevention

<https://www.osha.gov/SLTC/bloodbornepathogens/recognition.html>

### OSHA 29CFR 1910.1030 Reference Guide

[https://www.osha.gov/SLTC/bloodbornepathogens/bloodborne\\_quickref.html](https://www.osha.gov/SLTC/bloodbornepathogens/bloodborne_quickref.html)

## Tailgate Talk Resources

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### Louisiana LTAP

<https://www.ltrc.lsu.edu/ltap/tailgate-talks.html>

### NLTAPA

<https://nltapa.org/informationexchange/nltapa-tailgate-talks/>

### T2 Tailgate Talks

[https://www.cti.uconn.edu/cti/T2\\_Tailgate\\_Talks.asp](https://www.cti.uconn.edu/cti/T2_Tailgate_Talks.asp)

